

Art - printing

Homemade prints are easy, you just need fruits and vegetables. You can use pretty much anything that is not juicy. It is also a nice way to teach children about how fruits and vegetables look on the inside. The principle is the same with all stamps – either apply the paint using a brush (I recommend it for older toddlers so that they can also develop their grasp and their coordination) or dip the stamp in paint (if you want to make it simple).

1. A **mushroom** stamp – it is fun because most children find mushrooms cute and like seeing them in books, for example. Now they can create their own mushrooms in any colour they want. Just cut the mushroom in half and it is ready to use.



2. An **apple** stamp – same as the mushroom, just cut in half, apply paint and print. We used textile paint and printed apples on a white T-shirt to make it jollier. You can print it on a sheet of paper, of course.

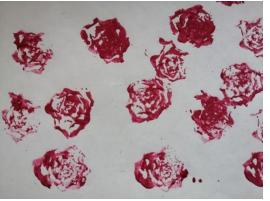




3. A **potato** stamp – potatoes are great friends to creativity – you can carve any shape that you want and make a variety of stamps. If you don't want to carve a shape, you can use a cookie cutter. Cut the potato in half, push the cookie cutter as much as it goes and then just cut around it to remove the excess. Then remove the cutter and your stamp is ready.



- 4. Lettuce base prints a nice rose.
- 5. Other fruits and vegetables you can really use anything: **broccoli**, **cauliflower**, a **lemon** or **orange** (when you cut it, press it against some tissue to dry it a bit), a **bell pepper** (also dry it with a tissue after you cut it), **carrots**.



Enjoy printing!